



*Student Support & Outreach Presents:*

# **Social-Emotional Learning Through Story Time**

**New Videos Posted Weekly  
Mondays at 1:00 pm**

**Topics Include: Mindfulness, Dealing  
with Change, Anxiety, Sibling Rivalry,  
Staying Focused, and many more!**

**All school aged children are welcome,  
however, the material is best suited for  
children in grades K-6**

**SIGN UP BY FILLING OUT THE FORM [HERE](#) OR  
USING THE QR CODE BELOW.**



**For more information please call 530.812.3300  
or email to [sydnib@sutter.k12.ca.us](mailto:sydrib@sutter.k12.ca.us)**

